

Baked Sweet Potato Sticks

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1 T. Olive Oil

$\frac{1}{2}$ tsp. Paprika

8 Sweet Potatoes, sliced lengthwise into quarters

Preheat oven to 400 degrees. Spray a baking sheet with cooking spray or olive oil.

In a large bowl, mix oil and paprika. Add potato sticks, and stir by hand to coat.

Bake 40 minutes in the preheated oven. Best eaten at room temperature.